# Decision aids how they can benefit you

what are decision aids?

### paper or electronic

tools that contain information about a specific health condition and available treatment options







# how can they help me?



## they can help you:

- identify your treatment options
- make informed decisions
- compare the risks and benefits
- make treatment decisions based on what matters to you

# where can I find more information about decision aids?

#### our website

The Australian Commission on Safety and Quality in Health Care safetyandquality.gov.au/our-work/shared-decision-making

#### international standards

Decision aids that have been assessed against international standards are available at: decisionaid.ohri.ca/