

Suicide Prevention Crisis Contacts

National	
Lifeline 24-Hour Telephone Crisis Support	13 11 14 (24 hours)
Mensline	1300 789 978 (24 hours)
Kids Helpline (aged 5 - 25 yrs)	1800 551 800 (24 hours)
Beyondblue info line	1300 224 636
SANE mental health information	1800 187 263
State/Territory Based	
Australian Capital Territory	
Crisis Assessment and Treatment Team	1800 629 354 02 6205 1065 (24 hours)
Northern Territory	
Top End Mental Health Service	08 8999 4988 (24 hours)
Parentline	1300 301 300
Crisis Line Darwin (Domestic Violence Services)	1800 019 116 (24 hours)
Queensland	
Salvation Army (state wide) Crisis Counselling Service	1300 363 622 (24 hours)
Salvation Army (Brisbane)	07 3831 9016 (24 hours)
Parentline	1300 301 300
South Australia	
Mental Health Assessment and Crisis Intervention Service	13 14 65 (24 hours)
Crisis Care	13 16 11 (after hours)
Parent Help Line	1300 364 100
Tasmania	
Mental Health Services Helpline (Statewide)	1300 332 388 (24 hours)
Community Mental Health Launceston	03 6336 2185 (7 days 8am-10pm)
Parkside Community Mental Health Team	03 6434 6434 (9am-5pm)
Southern District Community Mental Health Service	03 6233 6011 (8.30am-5pm)

Lifeline Samaritans Tasmania Inc	1300 364 566 (Statewide) 03 6331 3355 (Launceston)
Victoria	
Suicide Help Line	1300 651 251 (24 hours)
Parentline	13 22 89
Western Australia	
Mental Health Emergency Response Line	08 9224 8888 1800 676 822 (24 hours)
Salvo Care Line	08 9442 5777 (9am-5pm)
Crisis Care Helpline 24/7	08 9223 1111 (Perth) 1800 199 008 (Statewide)
Samaritans Suicide Emergency Service	1800 198 313 (08) 9381 5555
Parent line WA	1800 654 432
New South Wales	
Salvo Crisis Line (suicide prevention)	02 9311 2000
Salvo Care Line	02 9331 6000
NSW Rural Mental Health Support Line	1800 201 123 (24 hours)
1800 Mental Health Access Line	1800 636 825 (24 hours)
Parentline NSW	1300 130 052 (24 hours)
Northern Sydney Mental Health Service	1300 302 980 (24 hours)
Central Coast Mental Health Service	02 4320 3500 (24 hours)
South Eastern Sydney Mental Health Service	1300 300 180 (24 hours)
Illawarra Mental Health Service	1300 552 289 (24 hours)
Sydney South West Mental Health Service	1800 636 825 (24 hours)
Sydney West Mental Health Service	1800 650 749 (24 hours)
Greater Southern Mental Health Service	1800 800 944 (Western) 1800 677 114 (Southern)
Greater Western Mental Health Service	1800 011 511
Hunter / New England Mental Health Service	1800 655 085 (Hunter) 1300 669 757 (New England)
North Coast Mental Health Service	1300 369 968