

National Medicines Symposium - 22 October 2025

Quality use of medicines in people with diabetes

9:00 - 9:05 am	Welcome to Country	<i>Mr Michael West</i>
9:05 - 9:10 am	Introduction with facilitator	<i>Professor Andrew McLachlan AM</i> Head of School and Dean, Sydney Pharmacy School, The University of Sydney
9:10 - 9:15 am	Opening address	<i>The Hon. Mark Butler MP</i>
9:15 - 9:20 am	Welcome on behalf of Commission	<i>Conjoint Professor Anne Duggan</i> Chief Executive Officer, Australian Commission on Safety and Quality in Health Care
9:20 - 9:35 am	Diabetes landscape in Australia	<i>Professor Dianna Magliano</i> Head of Diabetes and Population Health, Baker Heart and Diabetes Institute
9:35 - 10:00 am	Medicines management in type 1 diabetes	<i>Distinguished Professor David Simmons</i> Professor of Medicine, Western Sydney University and Chief Medical Officer, Diabetes Australia
10:00 - 10:25 am	Medicines management of type 2 diabetes	<i>Professor Jonathan Shaw</i> Deputy Director of Clinical and Population Health, Baker Heart and Diabetes Institute
Break (10:25 - 10:35 am)		
10:35 - 10:55 am	Complications of diabetes	<i>Professor Stephen Twigg</i> Head of Endocrinology, Royal Prince Alfred Hospital and Kellion Professor of Endocrinology, Stan Clark Chair in Diabetes and Head of Central Clinical School, The University of Sydney
10:55 - 11:15 am	Diabetes in Aboriginal and Torres Strait Islander communities and the role of integrated pharmacists	<i>Dr Jason Agostino</i> General Practitioner, Gurriny Yealamucka Health Service and Senior Medical Advisor, National Aboriginal Community Controlled Health Organisation <i>Ms Pippa Travers-Mason</i> Integrated Clinical Pharmacist, Gurriny Yealamucka Health Service; Clinical Health Services Specialist, Educator and Presenter
11:15 - 11:35 am	Diabetes Alliance Program Plus - Transformative integrated diabetes care across regional, rural and remote communities	<i>Professor Shamasunder Acharya</i> Director of Diabetes and Endocrinology and Program Lead for Diabetes Alliance Plus, Hunter New England Health District

11:35 am - 12:05 pm	Management of diabetes medicines in primary care	<p>Ms Renza Scibilia Diabetes Advocate</p> <p>Distinguished Professor David Simmons Professor of Medicine, Western Sydney University and Chief Medical Officer, Diabetes Australia</p> <p>Dr Gary Deed Chair of the Diabetes Specific Interest group, Royal Australian College of General Practitioners; Adjunct Senior Research Fellow, Monash University and General Practitioner</p> <p>Ms Kirrily Chambers Advanced Practice Pharmacist and Credentialed Diabetes Educator, Diabetes Education and Management</p> <p>Associate Professor Margaret McGill AM Nurse Manager and Associate Director, Royal Prince Alfred Hospital Diabetes Centre</p>
Break: Lunch (12:05 - 12:35 pm)		
12:35 - 12:45 pm	Diabetes management during and after hospital	Associate Professor Spiros Furlanos Head of Diabetes and Endocrinology, The Royal Melbourne Hospital
12:45 - 12:55 pm	Diabetes management during pregnancy	Associate Professor Glynis Ross Visiting Medical Officer in Endocrinology and Lead Endocrinologist of Diabetes in Pregnancy Service, Royal Prince Alfred Hospital
12:55 - 1:05 pm	Management of diabetes during transition of care from paediatrics to adulthood	Professor Alicia Jenkins Head of Diabetes and Vascular Medicine, Baker Heart and Diabetes Institute
1:05 - 1:35 pm	Diabetes management during transitions of care	<p>Associate Professor Spiros Furlanos Director of Diabetes and Endocrinology, The Royal Melbourne Hospital</p> <p>Associate Professor Glynis Ross Visiting Medical Officer in Endocrinology and Lead Endocrinologist of Diabetes in Pregnancy Service, Royal Prince Alfred Hospital</p> <p>Dr Michael Hancock Endocrinologist, Living Diabetes & Endocrinology and Royal Perth Hospital</p> <p>Dr Phoebe Holdenson Kimura Medical Advisor, Australian Commission on Safety and Quality in Health Care and General Practitioner</p>
1:35 - 1:55 pm	Pharmacological considerations for diabetes medicines in specific patient populations	Professor Jennifer Martin Physician, Clinical Pharmacologist and President of the Royal Australasian College of Physicians
1:55 - 2:05 pm	Living with diabetes: Empowering self-management	Ms Rachel Hicks PhD Candidate and Research Assistant, Western Sydney University

2:05 - 2:15 pm	Challenges of diabetes management from a carer's perspective	Mrs Salā Ronda Thompson Lead Community Activator and Research Assistant, Western Sydney University
Break (2:15 - 2:25 pm)		
2:25 - 2:35 pm	Food is medicine - Medical Nutrition Therapy for diabetes management	Dr Robyn Barnes Senior Diabetes Dietitian and District Diabetes Coordinator, South Western Sydney Local Health District
2:35 - 2:45 pm	Exercise for the prevention and management of type 2 diabetes	Dr Casey Peiris Head of Allied Health Research and Director of Academic and Research Collaborative in Health, The Royal Melbourne Hospital and La Trobe University
2:45 - 2:55 pm	Optimising diabetes care by addressing and supporting psychological health	Ms Sarah Lam Senior Clinical Psychologist, Bankstown Hospital Diabetes Centre
2:55 - 3:20 pm	Diabetes technology - continuous glucose monitors (CGM), apps and insulin pumps	Ms Rachel Hicks PhD Candidate and Research Assistant, Western Sydney University Associate Professor Shane Hamblin Head of Endocrinology and Diabetes, Western Health, Melbourne Dr Lee Fong Medical Advisor, Australian Commission on Safety and Quality in Health Care and General Practitioner
3:20 - 3:25 pm	Closing address	Professor Christine Kilpatrick AO Board Chair, Australian Commission on Safety and Quality in Health Care
3:25 - 3:30 pm	Close with facilitator	Professor Andrew McLachlan AM Head of School and Dean, Sydney Pharmacy School, The University of Sydney