5 Moments for HAND HYGIENE

1. BEFORE TOUCHING A PATIENT
   WHEN: Clean your hands before touching a patient and their immediate surroundings
   WHY?: To protect the patient against acquiring harmful germs from the hands of the HCW.

2. BEFORE A PROCEDURE
   WHEN: Clean your hands immediately before a procedure
   WHY?: To protect the patient from harmful germs (including their own) from entering their body during a procedure.

3. AFTER A PROCEDURE OR BODY FLUID EXPOSURE RISK
   WHEN: Clean your hands immediately after a procedure or body fluid exposure risk
   WHY?: To protect the HCW and the healthcare surroundings from harmful patient germs

4. AFTER TOUCHING A PATIENT
   WHEN: Clean your hands after touching a patient and their immediate surroundings
   WHY?: To protect the HCW and the health care surroundings from harmful patient germs

5. AFTER TOUCHING A PATIENT’S SURROUNDINGS
   WHEN: Clean your hands after touching any objects in a patient’s immediate surroundings when the patient has not been touched
   WHY?: To protect the HCW and the health care surroundings from harmful patient germs

Hand Hygiene Australia

Adopted from World Health Organization