A hip fracture is a break at the top of the thigh bone (femur), near the pelvis.

Estimated number of patients aged 50+ that are hospitalised for hip fracture each year:

- **Australia**: 19,000
- **New Zealand**: 3,500

Despite well-developed treatment guidelines, there is much variation in care.

The Hip Fracture Care Clinical Care Standard relates to the care that patients with a suspected hip fracture should be offered from presentation to hospital through to completion of treatment in hospital. This care should involve:

- **Timely assessment and treatment of pain and medical conditions.**
- **Coordinated orthopaedic and geriatric services.**
- **Surgery within 48 hours of arriving at hospital, if appropriate.**
- **Patients getting back on their feet within a day if possible.**
- **A care plan outlining ongoing treatment and ways to prevent more fractures.**

The大部分髋关节骨折发生在65岁以上的人群中。随着老龄化的加剧，这一数字将会增加。