# Communicating with your healthcare provider

You have a right to be treated with **dignity and respect** and for your healthcare provider to **communicate with you** about your care.

## How can I effectively communicate with my healthcare provider?

- **discuss your ‘goals of care’**
  - expectations, preferences, including if you have an advance care plan

- **ask for help**
  - let your healthcare provider know if you need a support person and help to communicate

- **be open, honest & communicate any changes**
  - to your medical history, medicines and your health including if your family or carer notice a change

- **ask questions & raise any concerns**
  - you have about your care

- **provide feedback**
  - throughout your care experience

- **discuss your ongoing care needs & plan for when you leave**
  - ask about follow-up appointments, involve your carer and if not provided, ask for a copy of your discharge summary